

- **Sensory Development 101** Covers the 8 sensory systems, how to identify & support children with differences (OT).
- **Meeting Sensory Needs Throughout the Day** How to make all of the daily transitions and activities work with the different sensory needs in your classroom (OT).
- **An Optimal OT Environment:** Designing your physical space, the daily flow, and your curriculum to meet the sensory and motor needs of all children (OT).
- **\*The Mind-Body Connection** This training covers Dr. Perry's 4 Domains of Functioning: Sensory integration, self-regulation, relational, & cognitive functioning. Plus, brain integration and building resilience (OT + SEL).
- **Responding to Challenging Behaviors 101** Here we discuss common challenging behaviors in the classroom and how to respond from a sensory and SEL perspective (OT + SEL).
- **\*Building Resilience** How do children become resilient? How can preschool environments promote resilience building? Let's discuss how (SEL).



## SDC's Professional Development Trainings and Community Workshops

- **Social-Emotional Games and Activities** In this training, we review games and activities that support the development of essential SEL skills, the 'why', the 'how', and the 'when' (SEL).
- **Applying Circle of Security in Preschool Environments** Discover how the Circle of Security principles can enhance preschool classroom dynamics by fostering secure, supportive & nurturing teacher-child relationships (SEL).
- **\*Communicating, Interacting, and Connecting with Little Ones in Early Childhood Education** Here we cover how the ways we interact with children support the development of essential SEL skills (SEL).
- **Social-Emotional Learning 101** Here we delve into the meaning and components of SEL & how to support the development of SEL skills in preschool (SEL).



- **Analytic vs. Gestalt Language Processing** Children learn language in 2 ways, Analytic is the most common. If you have a Gestalt language learner in your classroom, you might need some tips to support that child (SLP).
- **An Optimal SLP Environment** Designing your physical space, the daily flow, & curriculum to meet the speech and language development needs of children (SLP).
- **Pragmatic Communication** Teaching children the social aspects of communication (SLP).
- **\*Understanding & Supporting Early Communication Development (0-5)** Language milestones, how to support children with delays, and how to use language stimulation strategies (SLP).
- **Making Preschools Classrooms Inclusive** Learn ways to modify the physical environment, activities, and interpersonal interactions to allow all children, including neurodivergent, to thrive (OT+SLP).

\*Good topic for a community workshop.



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